

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2020

## ASSISTED LIVING



Happy Birthday Bernadean Terry

**2** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Icecream Cart**

Happy Birthday Jean McKiddy

**3** Doctor Visits  
10:00am Bingo for Downstairs (AL Activity Room)  
2:30pm Bingo for Upstairs (AL Activity Room)

Happy Birthday Louise Thompson

**4** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Popcorn Cart**

Traffic Light Day!

**5** Doctor Visits  
10:00am Bingo for Downstairs (AL Activity Room)  
2:30pm Bingo for Upstairs (AL Activity Room)

**6** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm lemonade Cart**



**9** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Puzzle Cart**

Happy Birthday Hampton Lawter

**10** Doctor Visits  
10:00am Bingo for Downstairs (AL Activity Room)  
2:30pm Bingo for Upstairs (AL Activity Room)

**11** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Cupcake Monthly Birthday Cart**

Wear Stripes Day

**12** Doctor Visits  
10:00am Bingo for Downstairs (AL Activity Room)  
2:30pm Bingo for Upstairs (AL Activity Room)

**13** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Rootbeer cart**



**16** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Snack cart**

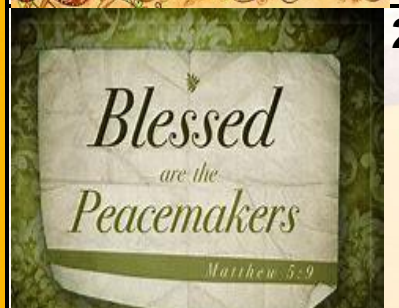
**17** Doctor Visits  
10:00am Bingo for Downstairs (AL Activity Room)  
2:30pm Bingo for Upstairs (AL Activity Room)

**18** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)

Wear Yellow Day

**19** Doctor Visits  
10:00am Bingo for Downstairs (AL Activity Room)  
2:30pm Bingo for Upstairs (AL Activity Room)

**20** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Ice Cream Cart**



**23** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Puzzle Cart**

Happy Birthday Frances Goe

**24** Doctor Visits  
10:00am Bingo for Downstairs (AL Activity Room)  
2:30pm Bingo for Upstairs (AL Activity Room)

Happy Birthday Lynn Benn

**25** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Snack Cart**

National Wear White Day!

**26** Doctor Visits  
10:00am Bingo for Downstairs (AL Activity Room)  
2:30pm Bingo for Upstairs (AL Activity Room)

**27** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Cookie Cart**



**30** 10:00am Strength Training for Downstairs (AL Activity Room)  
2:30pm Strength Training for Upstairs (AL Activity Room)  
**3:30pm Puzzle Cart**

### LIVE YOUR LIFE AND FORGET YOUR AGE!